

Do you know a young adult with a disability between the ages of 16 and 21 who needs help building and maintaining lasting friendships?

# TO THE RESCUE'S CONNECT CLUB PROGRAMS CAN HELP!

Staff trained to work with individuals with all levels of abilities meet the needs of each participant based on their unique interests in a safe and supportive environment. To The Rescue's CONNECT CLUB provides a variety of year round opportunities for young adults with disabilities to:

- socialize and have fun
- make new friends
- get out into the community
- engage in volunteer activities
- practice self-advocacy
- gain valuable skills to support their independence as they transition to adulthood

## The gift of friendship is a gift that gives a lifetime!

#### WINTER BREAK

Would you like to meet new friends and connect with old while beating the cold and having fun?

During the Winter Break Program, karaoke, scavenger hunts and art projects will keep you entertained with your friends.

#### **SPRING BREAK**

Would you like to make this year a spring break to remember with your friends?

During the Spring Break Program, you will spend time at local hangouts, use cool technology at the library and break a sweat at the YMCA!

#### **SUMMER BREAK**

Would you like to spend the summer exploring the community and meeting new people?

During the Summer Break Program, you will travel to regional landmarks, explore museums, check out local sports teams, swim and visit area parks.

### SIGN UP FOR CONNECT CLUB TODAY

The programs are free for families with students on the Medicaid ID Waiver or those using habilitation funding. A low daily rate is available for individuals who wish to pay privately.

Ask us about transportation options!

For more information on CONNECT CLUB Programs (winter break, spring break, summer break) email or call: inquiries@totherescue.netor (319) 826-6068

